

EITP Trauma Informed Practice (TIP) Project

Performance Report
Card No. 2 covering the
period Aug-November
2019

Safeguarding Board for
Northern Ireland (SBNI)



About the Trauma Informed Practice (TIP) project

The EITP* Trauma Informed Practice (TIP) project is a workforce development project that has been funded through the cross departmental funded Early Intervention Transformation Programme (EITP) and is housed in the SBNI.

The Trauma Informed Practice project aims to ensure that SBNI member agencies:

- Have an awareness of the adverse childhood experiences which cause trauma in a child's life;
- Are aware of the impact of these adversities on the development of a child;
- Are able to identify what creates resilience to cope with adversity; and
- Are able to develop policies and practices to embed trauma informed practice in their work.

This SBNI is working within five sectors to build the capacity of the workforce in their understanding of ACEs and trauma informed practice skills development. These sectors are Community and Voluntary; Education; Health; Justice, and Social Care. In addition the project team are also working across sport, arts, housing, the Northern Ireland Ambulance Service and Interfaith Committees in Northern Ireland.

The EITP Trauma Informed Practice Project consists of a number of elements of workforce development for identified professionals and volunteers across these sectors including**:

- Level 1 – Ace Awareness;
- Level 2 – Trauma Sensitive Approaches to Practice Skills Development;
- Train-the-Trainer Programme of Professional Development.

This report card presents the performance data for activities delivered by the Trauma Informed Practice Project between the months of August and November 2019.

* Early Intervention Transformation Programme.

** This report card presents initial data for the Be the Change Leadership Programme, however delivery of the programme is still in progress and final impact data will be presented in the next report card.

Summary of progress [1 of 2]

- In total, 2,265 professionals received training and support (inc. awareness raising sessions, Level 1-3 training and online learning) over the period August to November 2019.
- 780 individuals from across health, social care, education, justice and the community and voluntary sector attended information sessions (an average of 56 per session). Frontline practitioners accounted for 83% of those who attended with education-sector professionals accounting for over one-half (57%) of attendees
- In terms of training, a total of 1,631 registered across all training types and 1,370 attended. By training level:
 - Level 1 ACE Awareness training*: 1,212 individuals registered to attend with 1,024 attending. Just under half (49%) came from the education sector and almost all were frontline practitioners.
 - Level 2 Trauma Sensitive Approaches to Practice Training: 270 individuals registered to attend with 222 attending. Over four-fifths (82%) came from the Community & Voluntary sector and all of those for whom data on role was available were frontline practitioners
 - EITP Trauma Informed Practice Train the Trainer Programme: 149 individuals registered to attend with 124 attending. Service managers accounted for over half (51%) of attendees.
- In addition, the Solihull Understanding Trauma Online Course which began in November 2019 reported a total of 55 active learners undertaking the programme by the end of this reporting quarter
- 9 training requests were received for future training – majority of these were for Level 1 & 2.
- A significant range of other supporting activities have taken place this period, e.g. development of 10 training resources; the delivery of briefings to the Departments and the SBNI Board; 15 presentations to a range of stakeholder forums across a number of sectors and a series of 7 knowledge transfer sessions, e.g. Welsh ACE Hub Knowledge Transfer
- On average, across all types of activity**, 86% of sessions/workshops planned were delivered and 82% of those registered to attend actually attended. The highest level of attendance was registered for Level 1 workshops at 84%, whilst the lowest average attendance was at the awareness raising sessions at 79%.

** Includes Level 1&2 training ** This excludes the Be the Change Leadership Programme which is currently being delivered. Be the Change Leadership Programme: 60 leaders from across 32 organisations registered to attend the programme. It achieved a 96% attendance rate at the Onboarding and Module 1 sessions.*

Summary of progress [2/2]

- Overall, the training has had a very positive impact on attendees, particularly in terms of boosting knowledge, skills and confidence. Levels of self-care were, in particular, how to support each other or access support within their organisation pointed to the need for greater efforts in future:
- Level 1:
 - 95% of attendees stated that the workshop had helped to improve their knowledge of the various aspects ACEs.
 - 89% of attendees agreed/strongly agreed that the training has boosted their levels of understanding, confidence and skills to be able to use a trauma informed approach in their work.
 - 77% stated that the training had helped them to better recognise the importance of self-care and where support can be accessed to promote this.
- Level 2:
 - 90% of attendees believed that the workshop had supported them in better understanding trauma **and** its impacts on the body and how they can use a trauma sensitive approach in their current role.
 - 86% of respondents believed that the training had helped them recognise the importance of self-care. 87% of attendees felt better able to recognise the impact of secondary/vicarious trauma on both their own health and well-being and that of their colleagues, whilst 80% of attendees had a better understanding of the strategies/ supports in their own organisation/sector to help promote and protect physical and emotional health and well-being.
- TIP Train-the-Trainer Programme:
 - Overall, 96% or more of attendees stated that their knowledge of key concepts and principles had improved as a result of this and other training they had attended.
 - 92% or more those who completed an evaluation felt more skilled and confident in using Trauma Informed approach.
 - In terms of professional development, 100% of attendees stated they felt more committed to ensuring this area of work is prioritised in terms of their own professional development. Whilst attendees felt that their organisation is fully committed to implementing an ACE/Trauma sensitive approach across the work that they do, attendees were slightly less certain that the resources would fully match this commitment, e.g. 83% of attendees surveyed stated that their organisation had committed to 3 programme deliveries per year following delivery of the training.

1

How
much did
we do?

How well did
we do it?

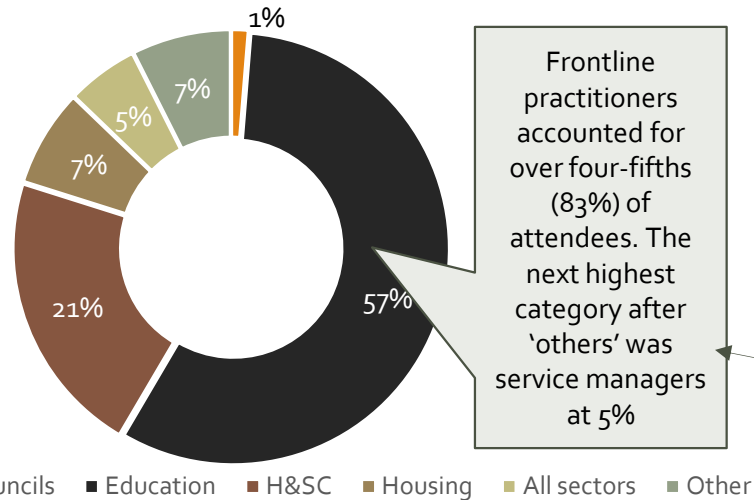
Is anyone better off



Trauma Informed Practice Seminar with GPs and Practice Managers

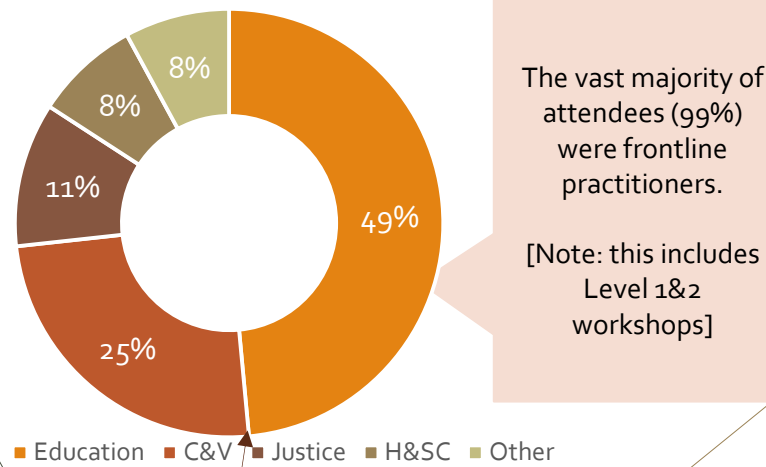
HOW MUCH DID WE DO? [PART 1 OF 2]

AWARENESS RAISING SESSIONS



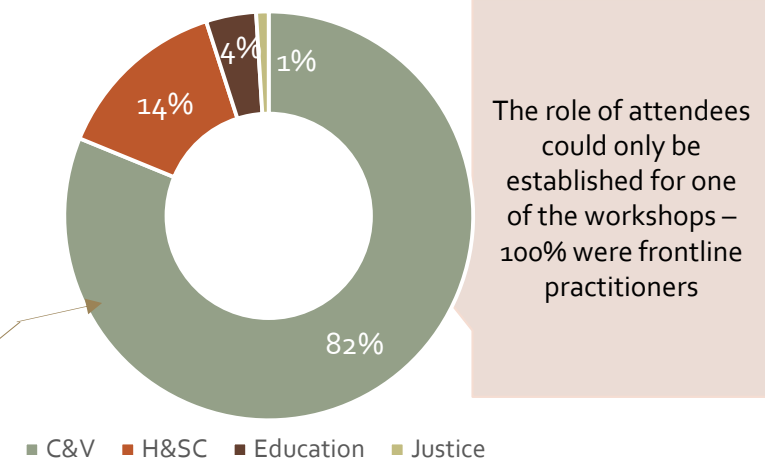
No. of sessions planned= 21 / undertaken= 18
Total no. attendees: 780
Avg. per session: 56

LEVEL 1 WORKSHOPS*



No. of workshops planned= 34 / undertaken= 28
Total no. attendees: 1,024
Avg. per session: 43

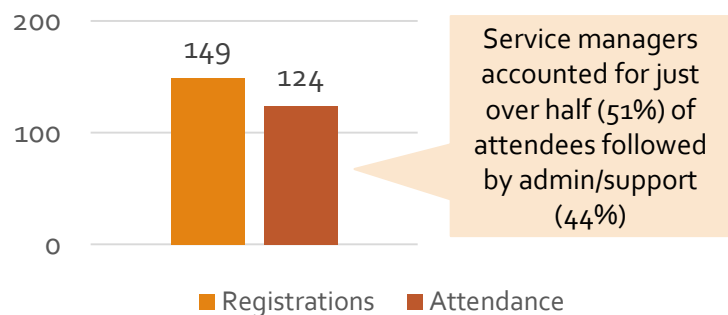
LEVEL 2 WORKSHOPS



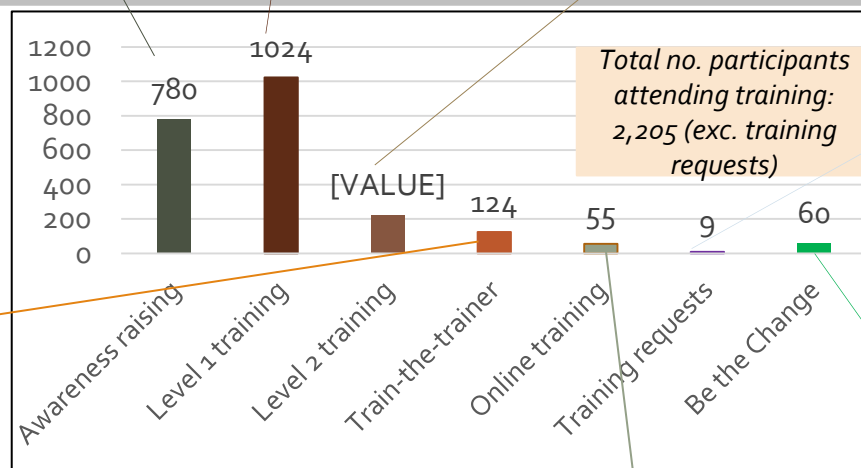
No. of workshops planned= 18 / undertaken= 17
Total no. trained: 222
Avg. per workshop: 13

TIP TRAIN-THE-TRAINER PROGRAMME

No. registrations v. attendance



No. of workshops planned= 8 / undertaken= 7
Total no. attendees: 124
Avg. per session: 18

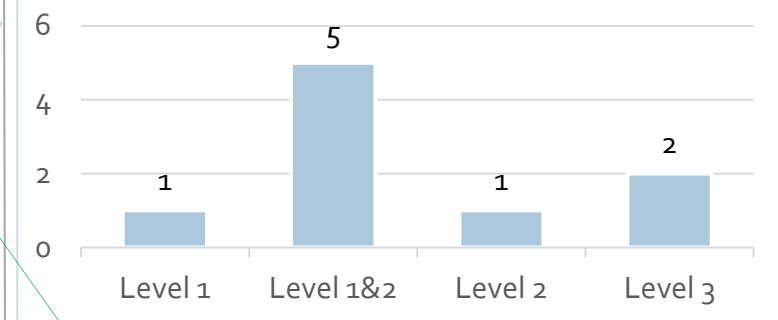


SOLIHULL UNDERSTANDING TRAUMA ONLINE COURSE

No. taking up training

55

NO. OF TRAINING REQUESTS RECEIVED



BE THE CHANGE LEADERSHIP PROGRAMME

No. taking up training

60

5

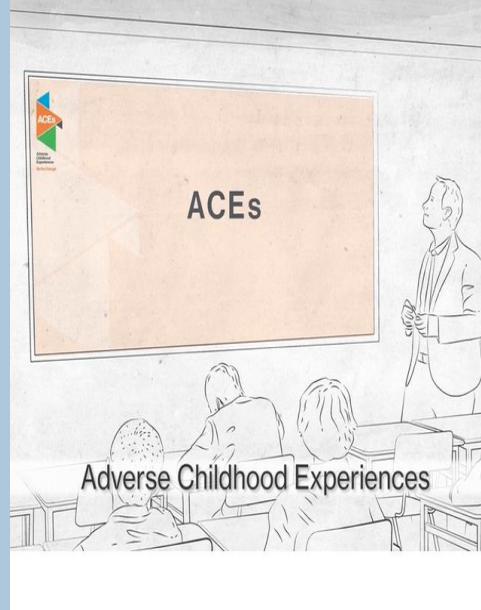
TRAINING RESOURCES

- Ryan's story
- Michael's story
- Sara's story
- Brain Development Card
- ACE's Leaflet
- CYP Resilience leaflet
- Level 1 – e-learning (Nov)
- Level 2 – e-Learning (Nov)
- Solihull Trauma Module– 2 Year Licence
- Social Care Product

x 10

- Belfast City Council Safeguarding Panel
- X3 SBNI Safeguarding Panels (Belfast, Southern, S. Eastern)
- Action Trauma Conference
- NI ACE Briefing Session with All Party Group for CYP
- Infant Mental Health Conference
- Restorative Practice Conference
- Judiciary presentation
- DOH Make It Happen Presentation
- Best for Every Child Leaders Event
- 10th annual PPAG Seminar
- DOE permanent secretary presentation
- Play board Conference
- NISSC Seminar

x 15



BRIEFINGS

- Departmental briefing
- SBNI Programme Board briefing

x 2

- Be the Change Leadership Programme
- World Health Organisation – ACEs visit to Oslo
 - 5 Nations Government ACE Forum
 - Welsh ACE Hub Knowledge Transfer
 - QUB nursing and midwifery – undergraduate & post grad
 - CEC
- Parenting NI

x 7

MEETINGS AND EVENTS

KNOWLEDGE TRANSFER SESSIONS

For more information & to access some of these resources, please go to:

<https://www.safeguardingni.org/aces/publications-and-helpful-resources>

How much
did we do?

2
**How well
did we
do it?**

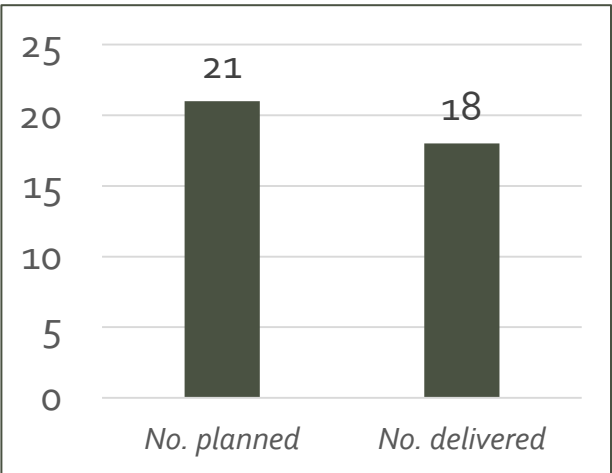
Is anyone better off



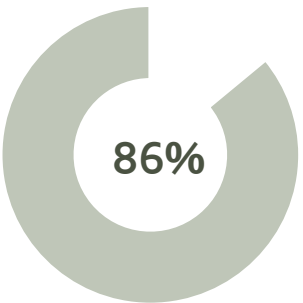
Be the Change Leadership Programme delegates with the SBNI and HSC Leadership Centre

SESSION/WORKSHOP DELIVERY AND ATTENDANCE – PLANNED VS. ACTUAL (PART 1 OF 2)

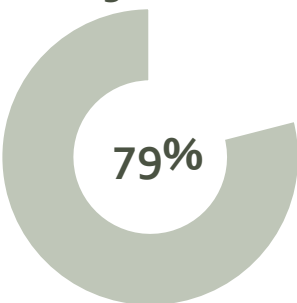
AWARENESS RAISING SESSIONS



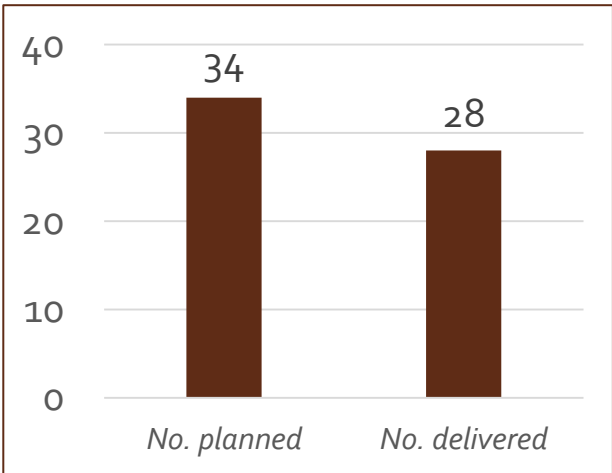
% of planned sessions delivered



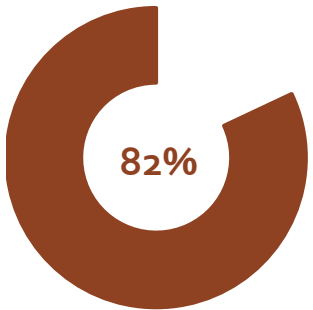
Attendance as a % of those registered



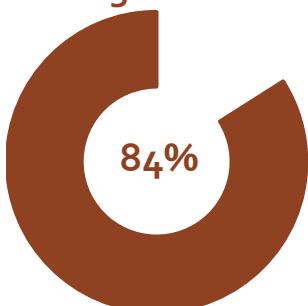
LEVEL 1 WORKSHOPS



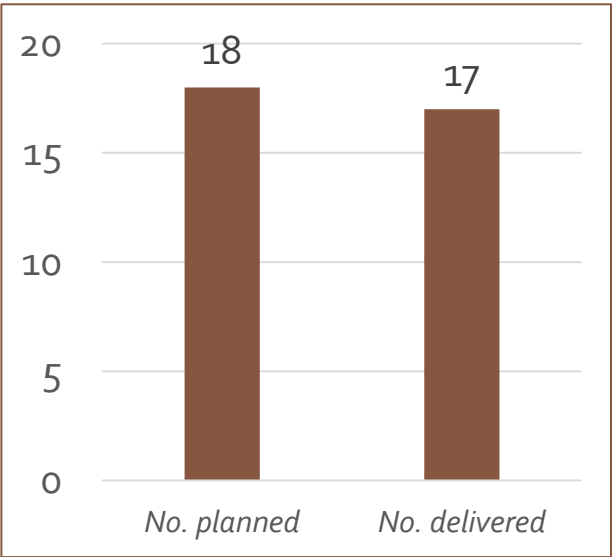
% of stakeholder events delivered



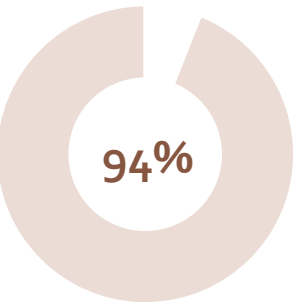
Attendance as a % of those registered



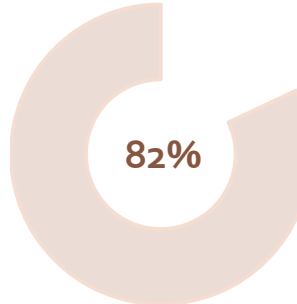
LEVEL 2 WORKSHOPS



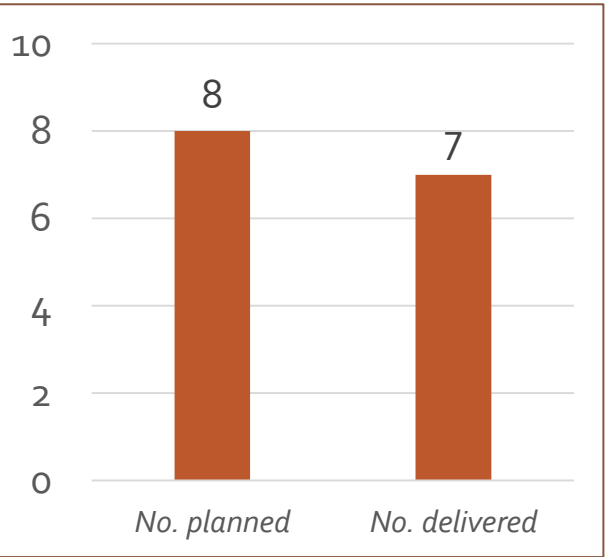
% of planned sessions delivered



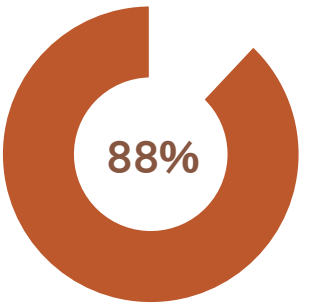
Attendance as a % of those registered



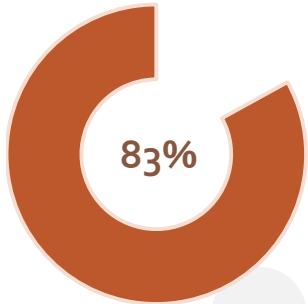
TIP TRAIN-THE-TRAINER PROGRAMME



% of planned sessions delivered



Attendance as a % of those registered



How much
did we do?

How well did
we do it?

Is anyone better off?

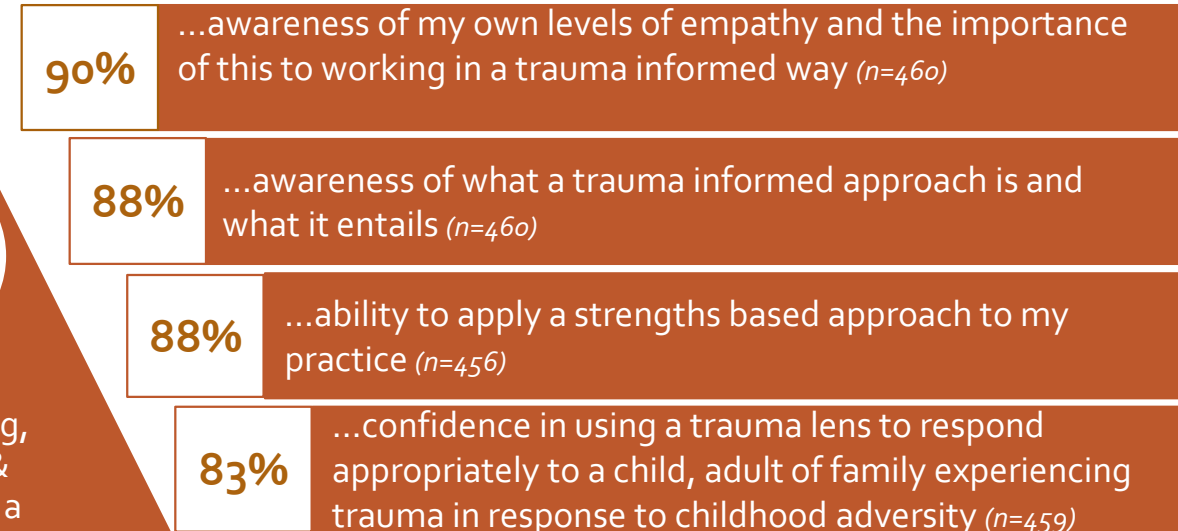
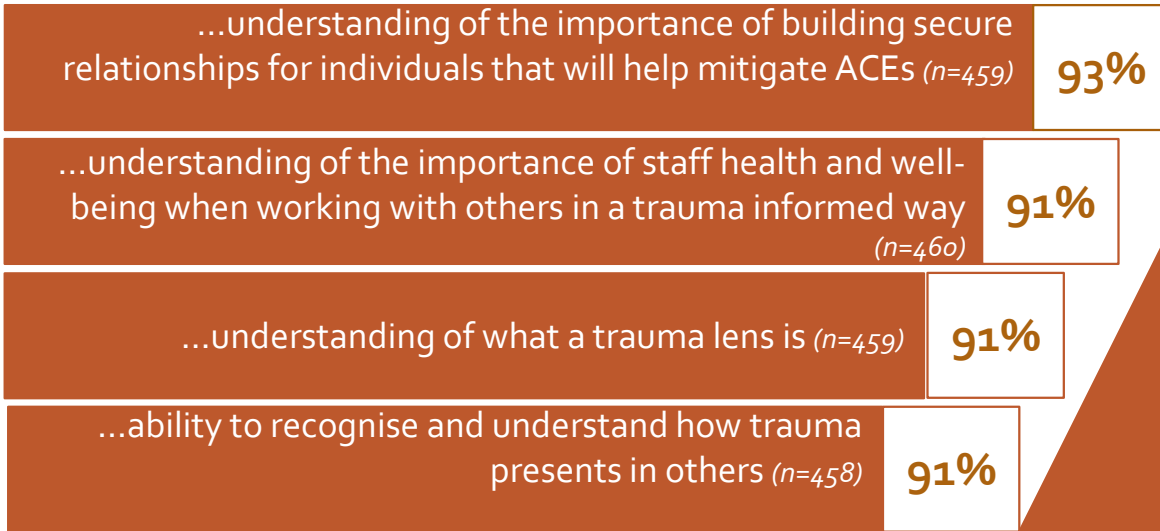
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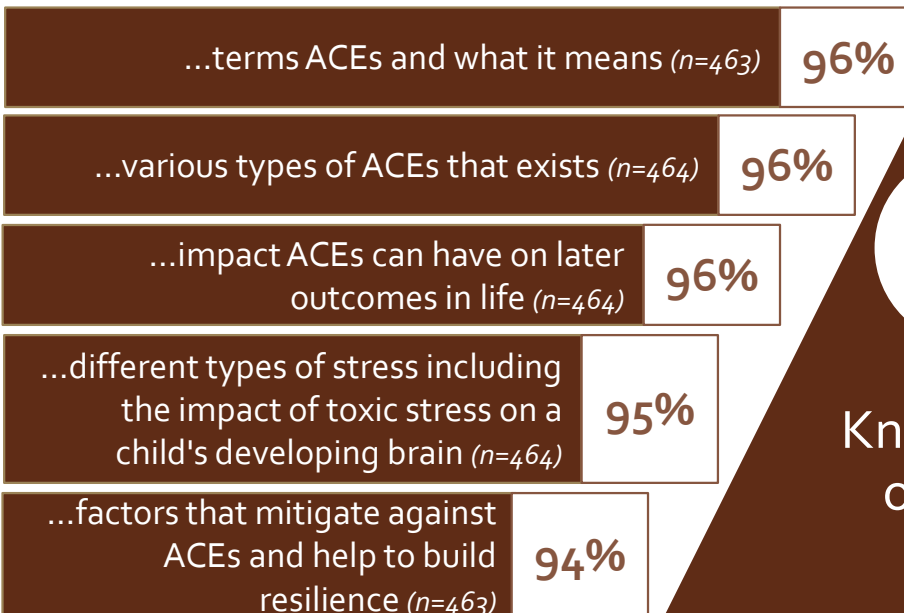
Education Sector Principals Roadshow, September 2019

IMPACT OF LEVEL 1 TRAINING

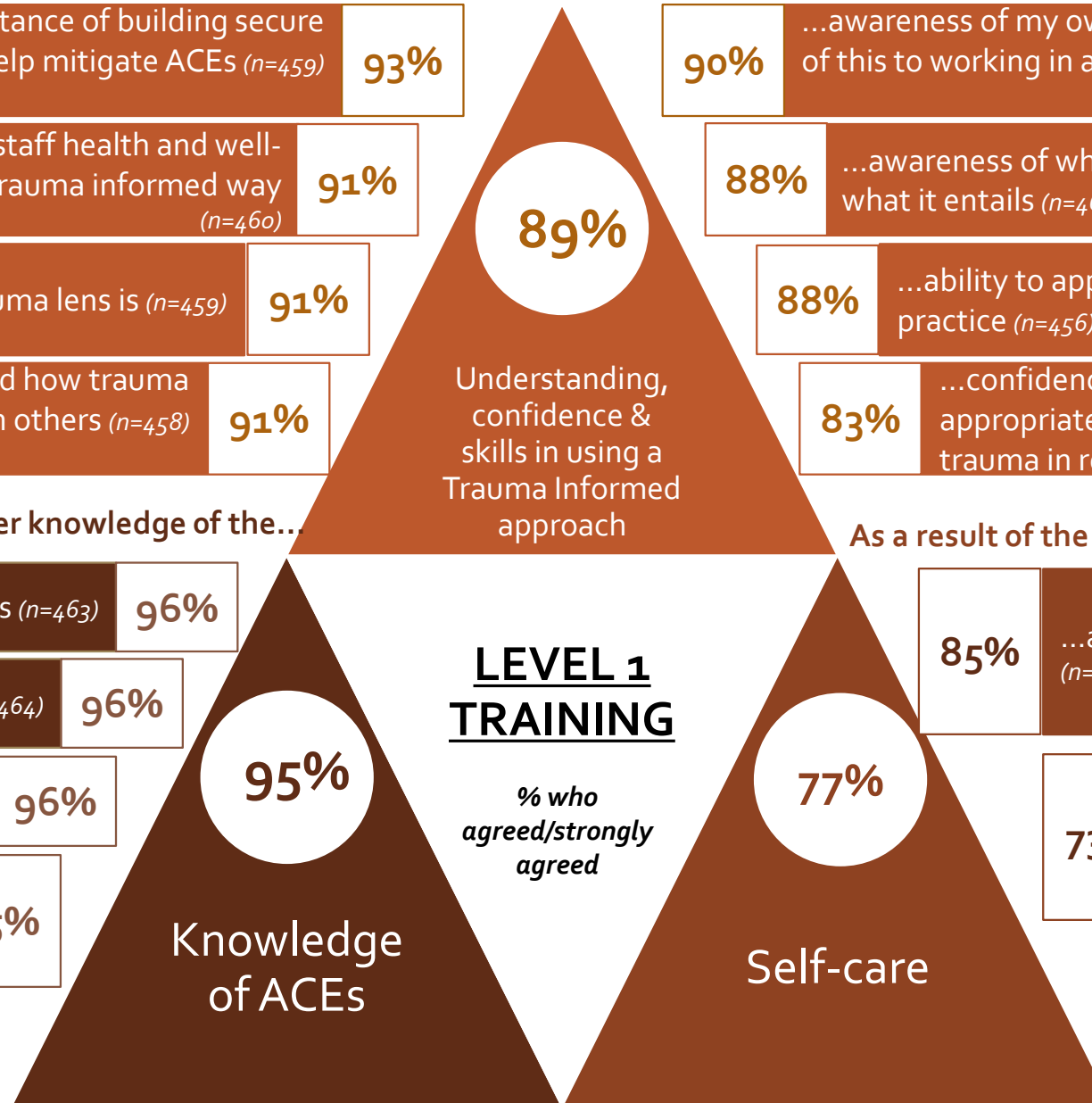
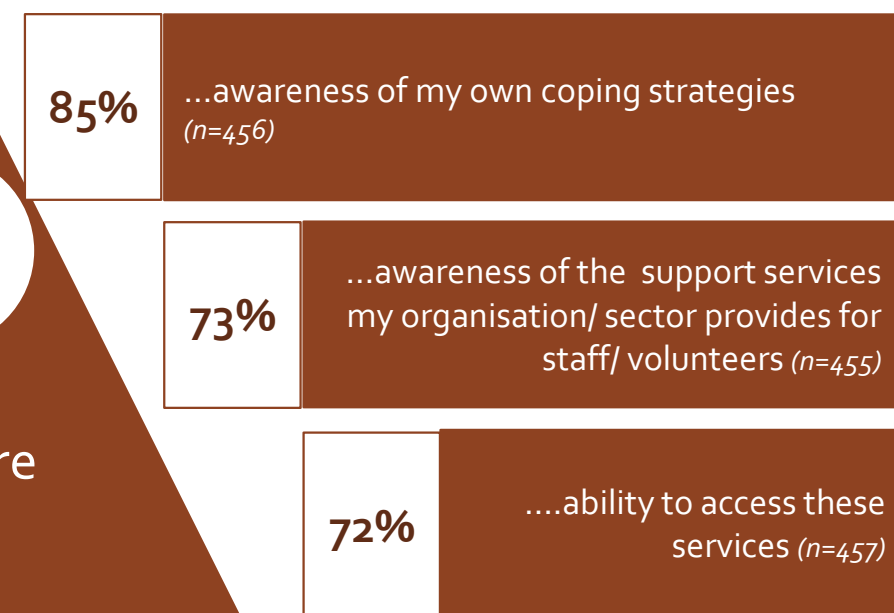
As a result of the training I have a greater...



As a result of the training I have a greater knowledge of the...

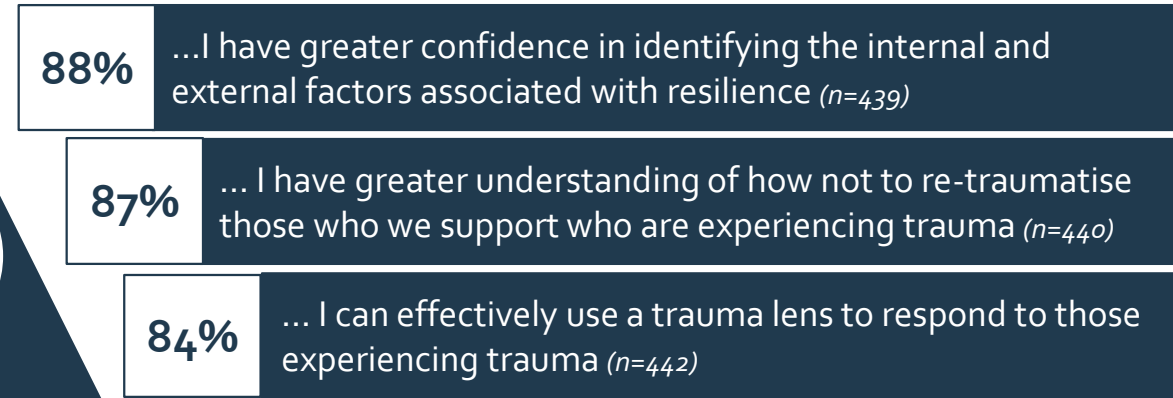
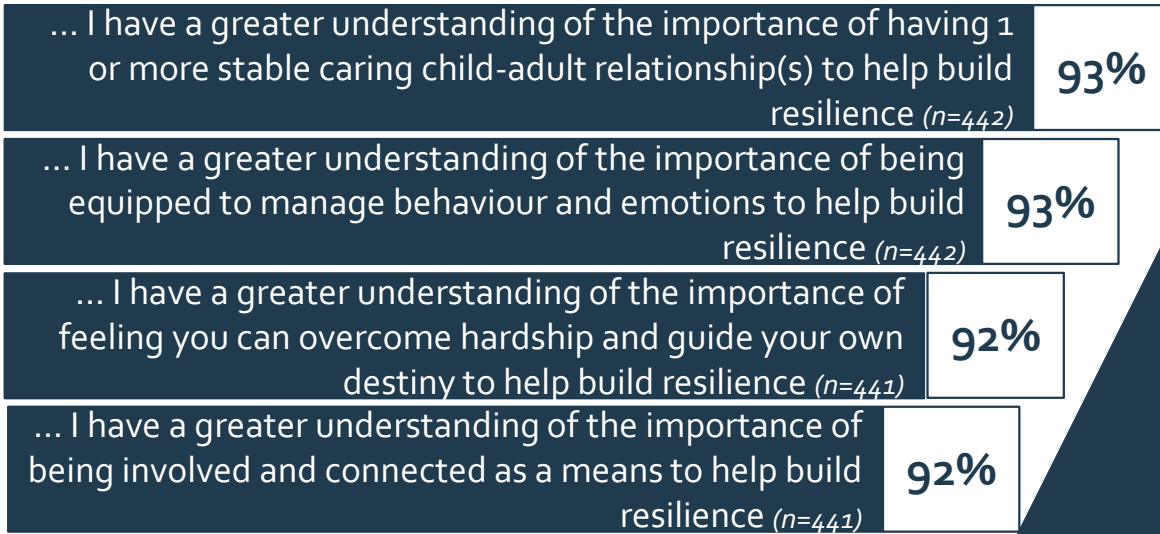


As a result of the training I have a greater...

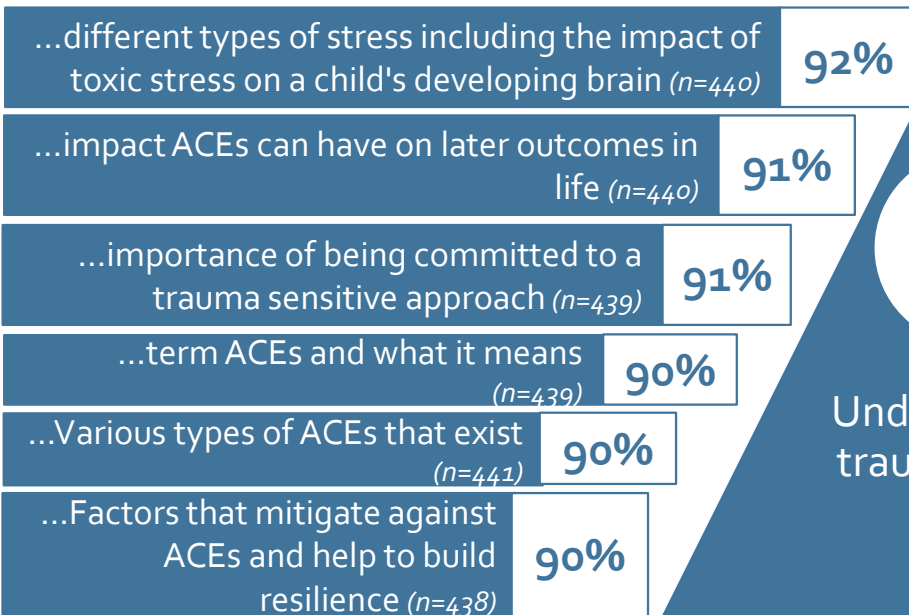


IMPACT OF LEVEL 2 TRAINING

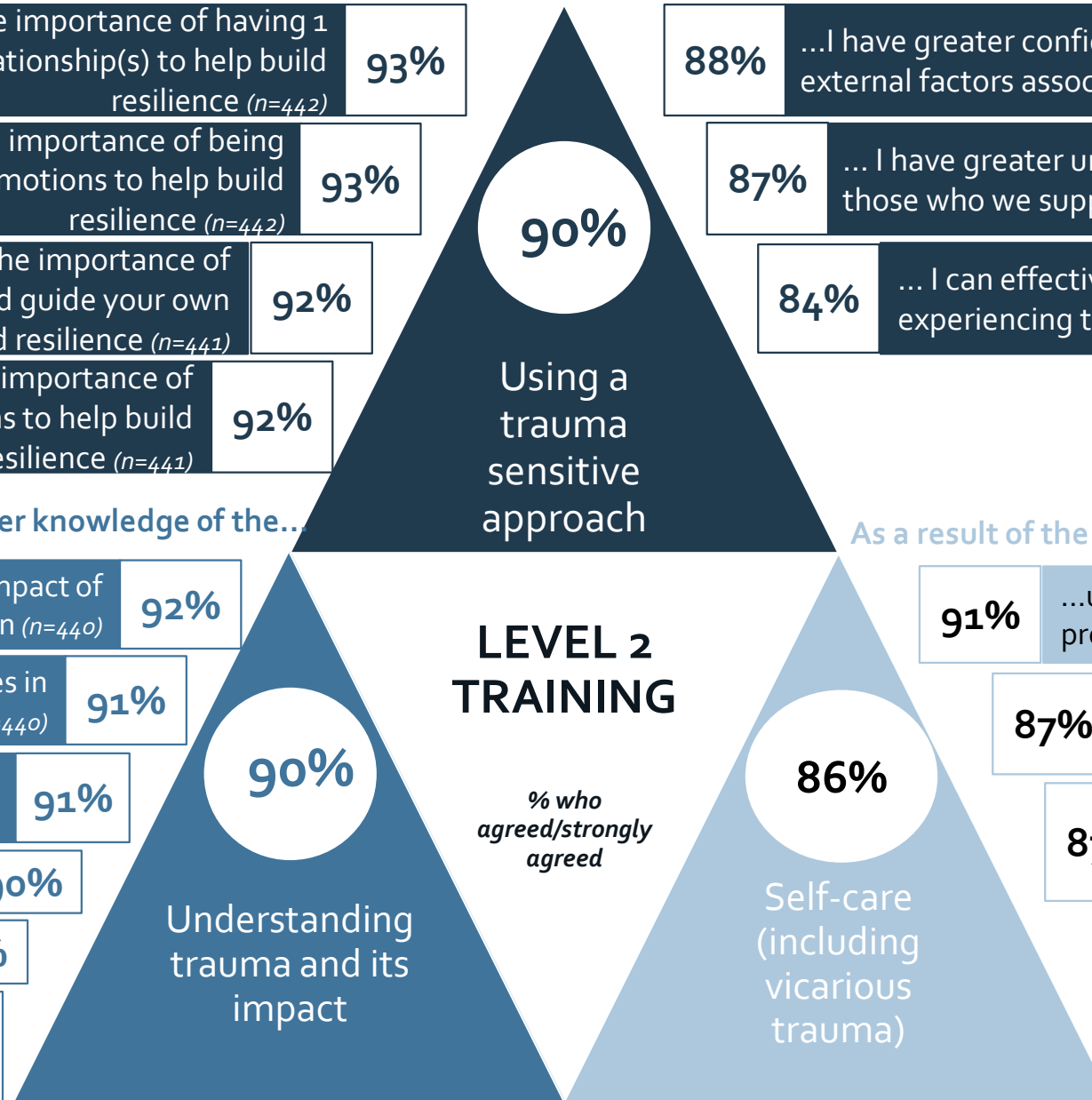
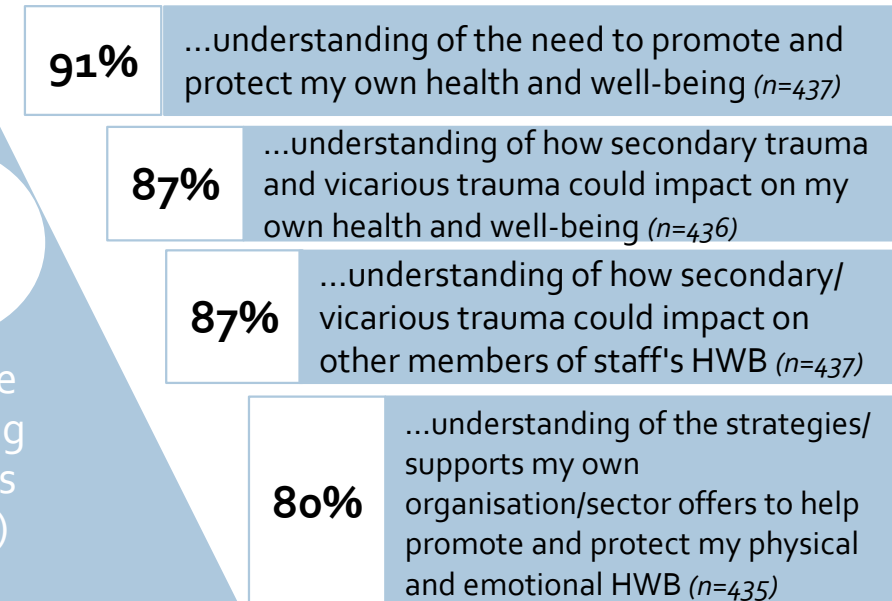
As a result of the training...



As a result of the training I have a greater knowledge of the...



As a result of the training I have a greater...



IMPACT OF TIP TRAIN-THE-TRAINER PROGRAMME

Knowledge

% who agree/
strongly agree

My understanding of the concepts and principles underpinning a trauma sensitive approach are sufficiently developed to enable me to deliver training to others (n=52)

98%

I feel I have sufficient knowledge to be able to support the development of a common language and understanding of ACEs and trauma sensitive approaches across the sector (n=52)

98%

I have a strong understanding of the concepts and principles underpinning a trauma sensitive approach (n=52)

96%

Professional development

% who agree/
strongly agree

I feel more committed to ensuring this area of work is prioritised in terms of my professional development (n=52)

100%

I have a greater interest in finding out what other training or continuous professional development opportunities might be available to me in this area (n=52)

96%

I will try to make sure that this area of work features to a greater extent in my annual review/appraisal (n=51)

96%

Skills and confidence

% who agree/
strongly agree

I feel confident that I can effectively manage groups to effectively develop those I train in the future (n=52)

92%

I feel confident to be able to manage the group work exercises so that everyone has an opportunity to contribute their views (n=52)

92%

I feel confident that I will be able to respond appropriately to questions in relation to the key concepts and principles of a trauma sensitive approach (n=52)

92%

I am confident I can deliver all aspects of a trauma sensitive approach to a very high standard (n=51)

92%

I can anticipate the potential aspects of a trauma sensitive approach that might be difficult for others to grasp (n=52)

88%

Organisational support

% who agree/
strongly agree

My organisation is fully supportive of implementing an ACE/trauma sensitive approach across all of our work (n=47)

98%

I am confident I will have sufficient time to reflect on/review my delivery and, if necessary, make changes (n=46)

87%

I am confident I will have enough time to plan each programme delivery (n=47)

85%

I am confident I will have enough administration support to enable smooth delivery of each programme delivery (n=46)

85%

My organisation has committed to three programme deliveries per year following delivery of this training (n=41)

83%



UNITED FOR A BETTER CHILDHOOD

